



1342 Northside Dr East
 Statesboro, GA 30458
 912.681.7746
 www.newlifechiropractors.com

Confidential Patient Case History

Name: _____ Date: _____

Address: _____ City & State: _____ Zip: _____

Home Phone: _____ Cell: _____ M ___ F ___ Birthdate: _____ Age: _____

Social Security #: _____ - _____ - _____ Marital Status: _____ # of Children: _____

Occupation: _____ Employer: _____

Spouse's Name: _____ Cell: _____

How did you hear about our office: _____ Referred by: _____

How long has it been since you felt good? _____

List Previous Doctors seen for present condition(s): _____

List any Allergies: _____

- Type of care you desire?** 1. **Crisis Care:** Relieve Symptoms 2. **Transitional Care:** Relieve Symptoms + Regain Function
 3. **Peak Performance Care:** Relieve Symptoms + Restored Function + Maintain Function and Health.

*Please use the corresponding letter to indicate any of the following symptoms which you have NOW or have had PREVIOUSLY
 Those that don't apply leave blank:*

O - Occasional F - Frequent C - Constant

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Bloating Gas | <input type="checkbox"/> Bed Wetting | <input type="checkbox"/> Irregular Heartbeat |
| <input type="checkbox"/> Panic Attacks | <input type="checkbox"/> Belching Gas | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Colon Trouble | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Low Blood Pressure |
| <input type="checkbox"/> Dizziness/Vertigo | <input type="checkbox"/> Constipation | <input type="checkbox"/> Incontinence | <input type="checkbox"/> Pain Over Heart |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Declined Libido | <input type="checkbox"/> Rapid Heartbeat |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Difficult Digestion | <input type="checkbox"/> Impotence | <input type="checkbox"/> Slow Heartbeat |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Heartburn/Acid Reflux | <input type="checkbox"/> Sexual Dysfunction | <input type="checkbox"/> Swelling of Ankles |
| <input type="checkbox"/> Migraines | <input type="checkbox"/> Excessive Hunger | <input type="checkbox"/> Kidney Infection | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Loss of Sleep | <input type="checkbox"/> Gall Bladder Trouble | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Chronic Cough |
| <input type="checkbox"/> Weight Gain | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Painful Urination | <input type="checkbox"/> Difficulty Breathing |
| <input type="checkbox"/> Loss of Weight | <input type="checkbox"/> Liver Trouble | <input type="checkbox"/> Bladder Infection | <input type="checkbox"/> Shortness of Breath |
| <input type="checkbox"/> Nervousness | <input type="checkbox"/> Nausea | <input type="checkbox"/> Prostate Problems | <input type="checkbox"/> Wheezing |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Pain over Stomach | <input type="checkbox"/> Visual Disturbances | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Numbness, Tingling | <input type="checkbox"/> Poor Appetite | <input type="checkbox"/> PMS | <input type="checkbox"/> Sinus Infection |
| <input type="checkbox"/> Tremors | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Excessive Menstrual Flow | <input type="checkbox"/> Congestion |
| <input type="checkbox"/> Arthritis-Osteo | <input type="checkbox"/> Vomiting of Blood | <input type="checkbox"/> Hot Flashes | |
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Irregular Cycle | |
| <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Ear Noises | <input type="checkbox"/> Menopausal Symptoms | |
| <input type="checkbox"/> Foot Trouble | <input type="checkbox"/> Thyroid Dysfunction | <input type="checkbox"/> Painful Menstruation | |
| <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Ear Infection | <input type="checkbox"/> Vaginal Discharge | |
| <input type="checkbox"/> Neck Pain or Stiffness | <input type="checkbox"/> Ear Ache | <input type="checkbox"/> Pregnant: Y N | |
| <input type="checkbox"/> Pain between Shoulders | <input type="checkbox"/> Boils | <input type="checkbox"/> _____ Date of last period | |
| <input type="checkbox"/> Spinal Curvature | <input type="checkbox"/> Bruise Easily | <input type="checkbox"/> COVID Vaccine: Y N | |
| <input type="checkbox"/> Swollen Joints | <input type="checkbox"/> Dryness | <input type="checkbox"/> How many Boosters? | |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Hives | | |
| <input type="checkbox"/> Muscle Spasm-Cramps | <input type="checkbox"/> Itchy | | |
| <input type="checkbox"/> _____ AM | <input type="checkbox"/> Skin Eruptions (rash) | | |
| <input type="checkbox"/> _____ PM | <input type="checkbox"/> Varicose Veins | | |

Pain, Numbness & Tingling in:

- Shoulders
- Arms
- Elbows
- Hands
- Hips
- Legs
- Knees
- Feet

CHECK THE FOLLOWING CONDITIONS YOU HAVE OR HAVE HAD:

- | | | | |
|---|------------------------------------|--|---|
| <input type="checkbox"/> Smoking | <input type="checkbox"/> Eczema | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Miscarriage |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Stress | <input type="checkbox"/> Gout | <input type="checkbox"/> Stroke | <input type="checkbox"/> Venereal Disease |
| <input type="checkbox"/> Cancer - if so, Where: | | | <input type="checkbox"/> Ulcers |

LIST CURRENT MEDICATIONS AND REASON PRESCRIBED:

- | | |
|---------|----------|
| 1 _____ | 7 _____ |
| 2 _____ | 8 _____ |
| 3 _____ | 9 _____ |
| 4 _____ | 10 _____ |
| 5 _____ | 11 _____ |
| 6 _____ | 12 _____ |

Do you use DIET foods, sodas, etc.? YES _____ NO _____

CIRCLE SURGERIES or hospitalizations you have undergone:

Angioplasty, heart by-pass, pacemaker, tonsillectomy, gall bladder removal, appendectomy, fracture, back, knee surgery, hip surgery, hysterectomy - partial or complete, breast augmentation

LIST ANY OTHERS:

| | |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Have you been in an auto accident: Past year _____ Past FIVE years _____ OVER Five years _____ Never _____

Please Describe: _____

Is this visit a Workman's Compensation or Personal Injury Case? _____

Have you ever had previous CHIROPRACTIC care? YES _____ NO _____

If yes, date of last care: _____

IN CASE OF EMERGENCY, PLEASE CONTACT: (Name of relative or close friend not living in your home)

NAME: _____
ADDRESS: _____
PHONE: _____



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Patient Intake Form

Informed Consent:

I hereby authorize physicians and staff at New Life Chiropractic to treat my condition as deemed appropriate. The doctor will not be held responsible for any pre-existing medically diagnosed conditions.

I certify that the information I have given is correct to the best of my knowledge. I will not hold my doctor or any staff member of New Life Chiropractic responsible for any errors or omissions that I may have made in the completion of this form.

Chiropractic, as well as all other types of health care, is associated with potential risks in the delivery of treatment. Therefore, it is necessary to inform the patient of such risks prior to initiating care. While chiropractic treatment is remarkably safe, you need to be informed about the potential risks related to your care to allow you to be fully informed before consenting to treatment.

Chiropractic is a system of health care delivery and therefore, as will any health care delivery system, we cannot promise a cure for any symptom, condition or disease as a result of treatment in the office. An attempt to provide you with the very best care is our goal, and if the results are not acceptable, we refer you to another provider who we feel can further assist you.

Specific Risk Possibilities Associated with Chiropractic Care:

Soreness – Chiropractic adjustments and physical therapy procedures are sometimes accompanied by post treatment soreness. This is normal and an acceptable accompanying response to chiropractic care and physical therapy. While it is not generally dangerous, please advise your doctor if you experience soreness and discomfort.

Soft Tissue Injury – Occasionally chiropractic treatment may aggravate a disc injury, or cause other minor joint ligament, tendon, or other soft-tissue injury.

Rib Injury – Manual adjustments to the thoracic spine, in rare cases, may cause rib injury or fracture. Precautions such as pre-adjustment x-rays are taken for cases considered at risk. Treatment is performed carefully to minimize such risk.

Physical Therapy Burns – Heat generated by Physical Therapy modalities may cause minor burns to the skin. This is rare, but if it occurs, you should report it to your doctor or a staff member.

Stroke – Stroke is the most serious complication of chiropractic treatment. The most recent studies estimate that the incidence of this type of stroke is 1 in every 5 million upper cervical adjustments.

Other Problems – There are occasionally other types of side effects associated with chiropractic care. While these are rare, they should be reported to your doctor promptly.

If you have any questions concerning this form or the above statements, please ask your doctor.

Having carefully read the above, I hereby give my informed consent to have chiropractic treatment administered.

Patient's Signature: *(parent, if minor)* _____ **Date:** _____

I understand and agree to allow this office to use Patient Health Information for the purpose of treatment, payment, healthcare operation, and coordination of care. We want you to know how your Patient Health Information is going to be used in this office and your rights concerning those records. If you would like a more detailed account of your policy and procedures concerning the privacy of your Patient Health Information, we encourage you to the HIPAA Notice that is available for you at the front desk before signing this consent. If there is anyone you do not want to receive your medical records please inform our office.

Patient's Signature: *(parent, if minor)* _____ **Date:** _____



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Patient Consent Form

The Department of Health and Human Services has established a "Privacy Rule." The Privacy Rule was created to provide a standard for certain health care providers to obtain their patients' consent for uses and disclosures of health information.

As our patient, we want you to know that we respect the privacy of your personal medical records and will do all we can to secure and protect that privacy. When it is appropriate and necessary, we provide the minimum necessary information to only those we feel are in need of your health care information and information about treatment or payments, in order to provide health care that is in your best interest.

We may desire to use photographs taken of you by our office for treatment, educational, and/or advertising purposes. However, prior to using any photographs for advertising purposes we will obtain consent from patient, parent, or legal guardian.

You may refuse to consent to the use of disclosure of your personal health information, but this must be in writing. If you choose to give consent in this document, at some future time you may request to refuse all or part of your personal health information.

If you have any objections to this form, please ask to speak to one of our doctors.

You have the right to review our privacy notice, to request restrictions and revoke consent in writing after you have reviewed our privacy notice.

Informed Consent for Photograph

Date: _____

I, _____, due hereby give consent for Dr. Rachael, Dr. John, and staff

Legal Guardian

to take and/or display photograph(s) of the face and/or body of _____

Patient's Name

The photograph will be used for educational and/or advertising purposes by New Life Chiropractic and may be displayed within our office, advertising events, Facebook page at [New Life Chiropractic Statesboro](https://www.newlifechiropractors.com), and/or on the office's webpage, www.newlifechiropractors.com. The doctors, office and staff will protect the patient's personal data, such as name, age, and date of birth, from being displayed.

Print Name: _____ Signature: _____

Legal Guardian _____ Signature: _____



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HIPAA Compliance Patient Consent Form

Our Notice of Privacy Practices provides information about how we may use or disclose protected health information.

The notice contains a patient’s rights section describing your rights under the law. You ascertain that by your signature that you have reviewed our notice before signing this consent.

The terms of the notice may change, if so, you will be notified at your next visit to update your signature/date.

You have the right to restrict how your protected health information is used and disclosed for treatment, payment or healthcare operations. We are not required to agree with this restriction, but if we do, we shall honor this agreement. The HIPAA (Health Insurance Portability and Accountability Act of 1996) law allows for the use of the information for treatment, payment, or healthcare operations.

By signing this form, you consent to our use and disclosure of your protected healthcare information and potentially anonymous usage in a publication. You have the right to revoke this consent in writing, signed by you. However, such a revocation will not be retroactive.

By signing this form, I understand that:

- Protected health information may be disclosed or used for treatment, payment, or healthcare operations.
- The practice reserves the right to change the privacy policy as allowed by law.
- The practice has the right to restrict the use of the information but the practice does not have to agree to those restrictions.
- The patient has the right to revoke this consent in writing at any time and all full disclosures will then cease.
- The practice may condition receipt of treatment upon execution of this consent.

| | |
|---|----------|
| May we phone, email, or send a text to you to confirm appointments? | YES / NO |
| May we leave a message on your answering machine at home or on your cell phone? | YES / NO |
| May we discuss your medical condition with any member of your family? | YES / NO |

If YES, please name the members allowed:

Name Relation

Name Relation

Name Relation

This consent was signed by: _____(PRINT NAME PLEASE)

Signature: _____ Date: _____

Witness: _____ Date: _____

Stress Survey

Name: _____ Age: _____ Cell: _____ Email: _____
 Address: _____ City: _____ State: _____ Zip Code: _____
 Occupation: _____ # Hours/week currently working: _____

On a scale of 1-10 (1 being no stress and 10 being extreme stress) please rate your daily stress levels:

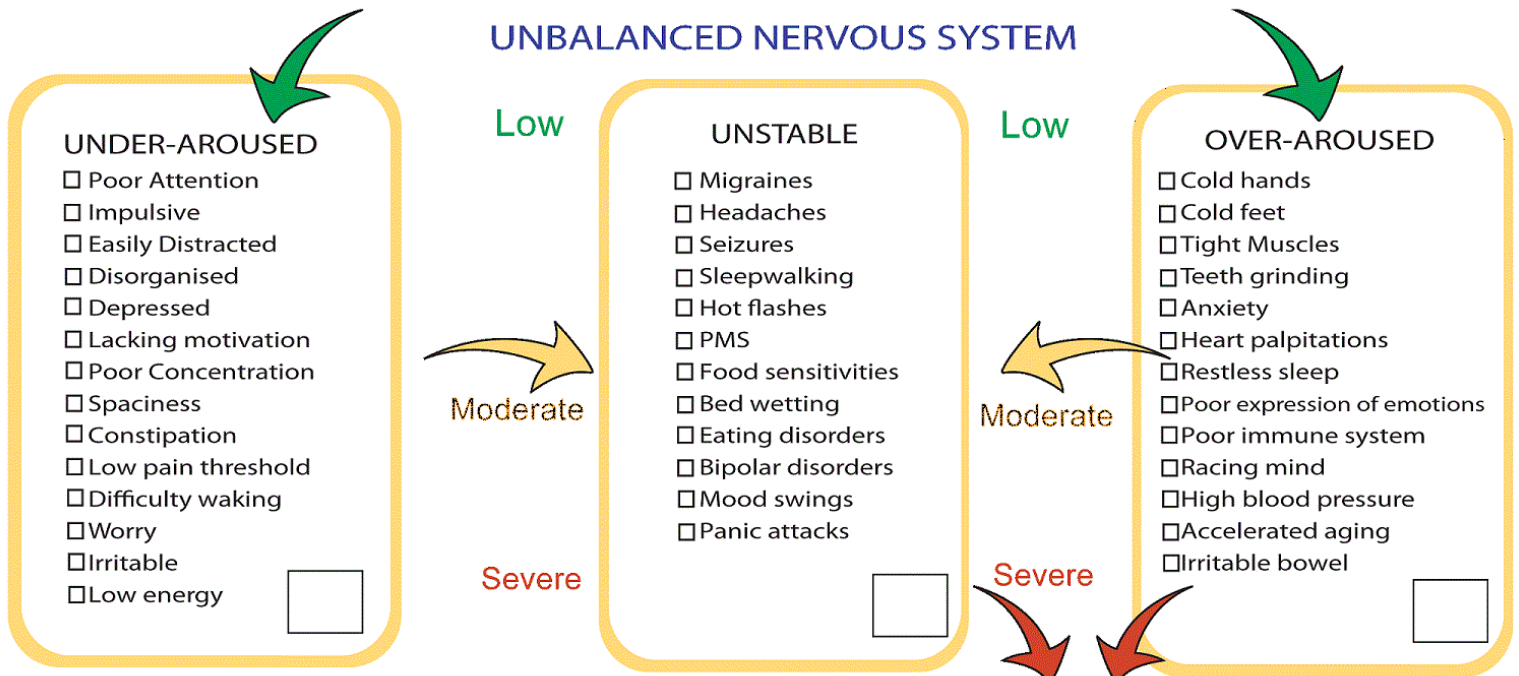
Physical Stress: _____ Chemical Stress: _____ Mental/Emotional Stress: _____

Please check off any of the following symptoms you may have experienced in the past 6 months, even if they seem unrelated to your current problem, and check the box where you fit on the chart:

BALANCED NERVOUS SYSTEM

- High Energy
 Few Symptoms
 Resistant to Infections
 Positive Mental Attitude
 Mentally Alert
 Excellent Health
 Active
 Vibrant

UNBALANCED NERVOUS SYSTEM



EXHAUSTED NERVOUS SYSTEM

- Cancer
 Rheumatoid Arthritis
 Diabetes
 Multiple Sclerosis
 Depression
 Chronic Fatigue Syndrome
 Fibromyalgia
 ALS
 Epstein-Barr Syndrome

According to the Centers for Disease Control and Prevention, up to 90 percent of the doctor visits in the USA may be triggered by a stress-related illness.

| | | |
|---|---|---|
| First Complaint: Location of Complaint: Right/Left/Both | Second Complaint: Location of Complaint: Right/Left/Both | Third Complaint: Location of Complaint: Right/Left/Both |
| When did it start: | When did it start: | When did it start: |
| What aggravates the complaint: | What aggravates the complaint: | What aggravates the complaint: |
| What relieves the complaint: | What relieves the complaint: | What relieves the complaint: |
| How often is the complaint felt: Comes and Goes/Constant | How often is the complaint felt: Comes and Goes/Constant | How often is the complaint felt: Comes and Goes/Constant |
| When does it bother you most: Morning/Day/Night | When does it bother you most: Morning/Day/Night | When does it bother you most: Morning/Day/Night |
| Is the complaint getting: (circle one) Better/Worse/No Change | Is the complaint getting: (circle one) Better/Worse/No Change | Is the complaint getting: (circle one) Better/Worse/No Change |
| Pain Levels: (0=no pain, 10=go to ER) Current: /10 Worst: /10 Best: /10 | Pain Levels: (0=no pain, 10=go to ER) Current: /10 Worst: /10 Best: /10 | Pain Levels: (0=no pain, 10=go to ER) Current: /10 Worst: /10 Best: /10 |
| Describe the complaint: Aching/Burning/Dull/Sharp/Sore/ Shock-like/Throbbing/Stabbing/ Numbness/Tingling/Weakness/Tight Stiff (circle all that apply) Other: | Describe the complaint: Aching/Burning/Dull/Sharp/Sore/ Shock-like/Throbbing/Stabbing/ Numbness/Tingling/Weakness/Tight Stiff (circle all that apply) Other: | Describe the complaint: Aching/Burning/Dull/Sharp/Sore/ Shock-like/Throbbing/Stabbing/ Numbness/Tingling/Weakness/Tight Stiff (circle all that apply) Other: |
| Is the complaint: Local/Does it Travel (circle one) If so where: | Is the complaint: Local/Does it Travel (circle one) If so where: | Is the complaint: Local/Does it Travel (circle one) If so where: |
| Does the complaint affect any of your daily activities: (ex. Driving a car) | Does the complaint affect any of your daily activities: (ex. Driving a car) | Does the complaint affect any of your daily activities: (ex. Driving a car) |
| Do you have headaches: Y N If so where (on the head): | Difficulty: falling asleep/ staying asleep / waking up tired & fatigued. Do you remember your dreams every night? | Bowel movements per day: |
| History of concussions: Y N If so, how many & date(s): | History of seizures? Y N If so, how often: | |
| Accidents/traumas: | Additional Notes (Is there anything else we need to know): Commitment to getting healthy: /10 | |

Blank lined writing area for goals, consisting of three sets of horizontal lines. Each set includes a solid top line, a dashed midline, and a solid bottom line.